

Baby Massage Experience with My Mother: 'Peer Support'

Caring for a baby with additional needs is a difficult and heart breaking experience. Especially when there is lack of support from family and friends, as was the case with Nicky.

The new mum found it very hard to care for her baby with additional needs, carrying out household chores, and most importantly, coming to terms with son's condition... Though her family lived in the same area, none of them was willing to give her the necessary support.

The baby's medical condition demanded that he be separated from her immediately after birth, and this made it very difficult for her to bond with him... Nicky was later referred for baby massage. Will this experience help her bond with her baby? Will it assist her deal with her own demons that haunted her?

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Mary Kay